

The Outline

Preparation

To allow the mentee to discover the principles of “Goal Setting”. Identify goals you think your mentee should be setting. You should set short term goals that can be measured within the next 2 weeks, and some long term goals.

Experience It

Set a goal for the goal setting experience.

Here are some suggestions for the experience you can take your mentee on. Remember the key is do it *with* them.

Mentoring Directors: Setting goals specific to their role, recruitment, conference planning etc.

Mentoring Team Leaders: Setting goals for integration, mentoring, schools contacted etc.

Mentoring Team Members: Setting goals for students talked to, mentoring, Haverim etc.

Mentoring Students: Setting goals for spiritual growth, sharing faith, leading a club etc.

Set goals that can be accomplished within the next 2 weeks. The mentee should write down things that you did and things that they did when setting goals.

Question it

Progress through Question it continuing to use the specific questions and activities listed in the Flow 3.0 pack.

Understand it*

Use the teaching provided to unpack the principles associated with Goal setting.

Multiply it

Progress through ‘Multiply It’ continuing to use the specific questions and activities listed in the Flow 3.0 pack.

2 - The Teaching

Teaching Notes

Use these notes in the 'Understand It' section, to re-teach the mentee what they have learned through the experience, and fill in gaps in their understanding.

Principles of Goal Setting

Set goals with a destination in mind.

- Read 1 Corinthians 9:24 with the disciple.
- Our goals should reflect where we want to be, which is our destination.
- Our goals should reflect our desires and passions.

Realise God's already given you tools to accomplish your goals.

- Read Exodus 4:1-4 with the disciple
- Ask the mentee "What is in your hand?" Make a list of what God has already given them.
- Realise what God has given to you he wants you to give to others.

Our goals should fit in with the vision.

- God's goals for Moses were intentional and fit in with the vision he has already given.
- God wanted to use what Moses had to give freedom to others. Moses' goals all led towards the final point of freedom for His people.

Our goals should take into account where we're starting from.

- Moses first had to re enter God's presence.
- Starting out in God's presence is always better than starting out in our own strength.
- Moses had to change where he was at and re enter Pharaoh's court since he had left it 40 years before.
- You should always plan your first steps in relation to where you are.

Consider what steps to take after the goal has been accomplished.

- Moses going back to Egypt was his first step.
- Other steps were needed to return to the mountain with God's people to worship Him.

Think about where God is taking you and what the next goal might be.

- Ask your mentee: "Now that you have accomplished these goals what are the new goals you should be aiming for?"
- Do these goals still take you towards the vision you know God has given to you?

Always set intermittent goals

- If a goal needs to be accomplished 30 days from now, always create check points of progress.