

# THE FLOW TEMPLATE

## Step 1 - Experience It!

Take your disciple on an experience.

1. Ask them to write down the goal you have for the experience.
2. Ask them to write down a list of what you did and what they did.

## Step 2 - Question It!

Ask your disciple to read out the goal and decide if it was met.

3. Ask them to write down everything that was most effective in the left column.
4. Ask them to write down everything that was less effective in the right column.

Help them find a principle by asking this question:

5. Ask: "What do the things in the left column have in common, that are not present in the right column?"

## Step 3 - Understand It!

6. Ask them to create a diagram, soundbite or story to summarize their principle.
7. Fill in the gaps in their understanding with the teaching prepared in advance.

## Step 4 - Multiply It!

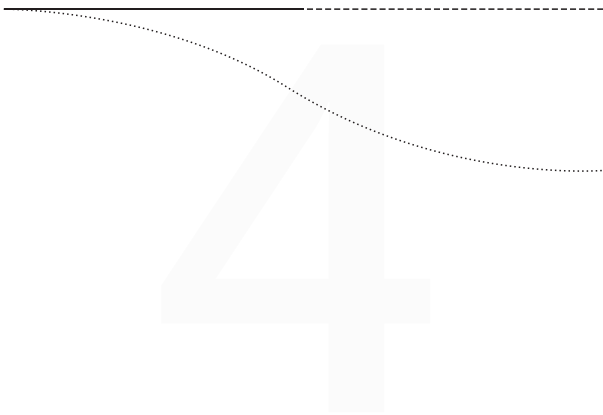
8. Ask them "How will you go the 'first mile' and reproduce what we just did?"
9. Ask them "How will you go the 'extra mile' and multiply it?"
10. Ask them "How will you avoid the 'diverted mile', so you do not miss the point?"

### Note:

- In advance, prepare the Principles and Practices you want to teach them.
- The questions and guidelines are very specific - do not use a variation of them.
- Please see the visual template that you should use below.

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#4 Multiply it!

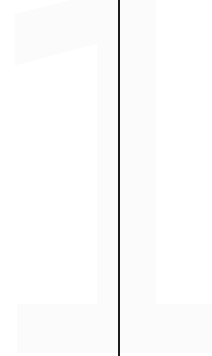


#1 Experience it!

Goal

Mentor

Mentee



#3 Understand it!



#2 Question it!

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